



Recalibration Trail

OAKTREE ME



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DATES

To be planned based on your availability

Pre-trail coaching session

Trail:

Thursday	Arrival & landing
Friday morning	Opening
Sunday lunchtime	Closing

Integration Dinner:

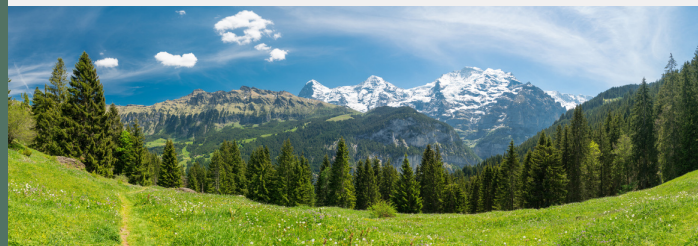
Optional. Date to be determined.

LOCATION FOR THE TRAIL

Austrian Alps close to Dachstein area.

WHO IT'S FOR

For anyone ready to make the next step in his/her life on a professional or personal level. There is no specific fitness level or hiking experience required.



TAKE A STEP BACK TO MOVE FORWARD

- Sometimes we need to step back to get back on the track. To understand our current challenges, see them from different perspectives, and find the way forward.
- Sometimes, we must take a good, hard look at our habits, thoughts, emotions, and choices, and ask ourselves if our life is on the right track: the one we ideally want to be on.
- Sometimes, we lose our confidence to move forward and need to find out where we lost it and then get it back.

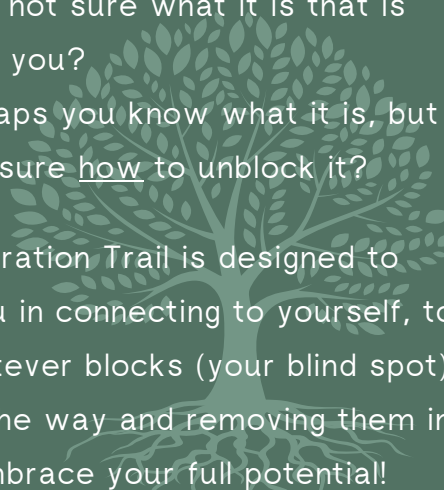


"Why are we stuck in so many quagmires today? The cause of our collective failure is that we are blind to the deeper dimension of leadership and transformational change. This blind spot exists not only in our leadership but also in our everyday lives and social interactions." - Otto Scharman

UNBLOCKING YOUR POTENTIAL

- Are you continually looking to grow and learn to become a better version of yourself?
- Is there something that is blocking the road to your next step?
- Are you not sure what it is that is blocking you?
- Or perhaps you know what it is, but are not sure how to unblock it?

The Recalibration Trail is designed to support you in connecting to yourself, to reveal whatever blocks (your blind spot) may be in the way and removing them in order to embrace your full potential!



WHAT WE OFFER

- Our “Recalibration Trail Program” offers support to empower individuals to become “unstuck” from their previous habits and behaviors, and to find out what they need to move forward
- It is designed as an emotional boot camp with intensive coaching sessions and unique processes* supported by physical activities to combine body & mind activation.

**A process is an activity that is directed toward a specific outcome that changes someone’s reality*



INTRIGUED?
PLEASE CONTACT US:



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RECALIBRATION TRAIL

An extraordinary 3-nights /days expedition that will have a significant impact on you and your life.

Your journey will start and finish at Salzburg airport. All upcoming programs include the items listed below:

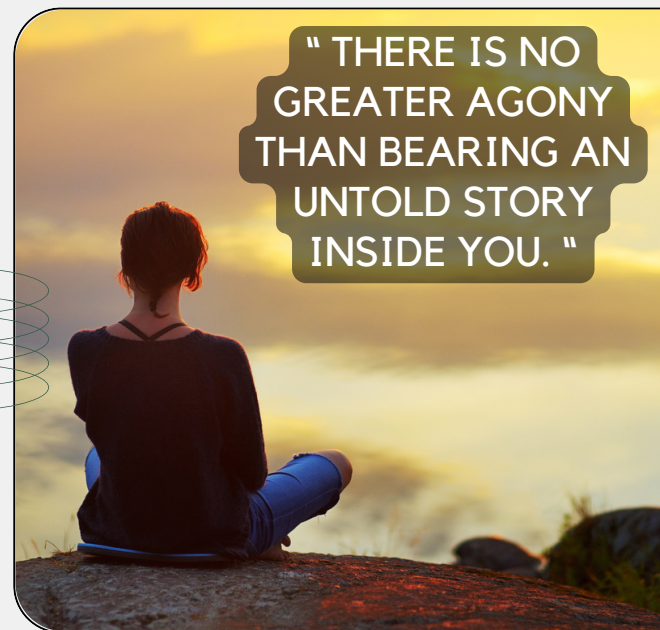
- Airport transport to and from the hotel
- 3-night stay in a pleasant 3 star hotel
- All meals: breakfasts, lunches and dinners throughout your stay
- Intensive one-on-one coaching sessions
- Group exercises
- Guided hikes
- Necessary equipment (if needed for your specific program)

THE TEAM



We have an experienced team of facilitators and experts in their fields to support your journey.(e.g. ICF-certified transformational coaches, professional mountain guides, mental resilience experts, yoga/ mindfulness/movement teachers etc) This team will support you with emotional safety, opportunity, and appropriate challenges so you will be assured to get everything you want from your Trail.

A very high facilitator vs participant ratio enables us to offer personalized approach and address the needs of each individual and the overall group.



“ THERE IS NO GREATER AGONY THAN BEARING AN UNTOLD STORY INSIDE YOU. ”